

## **The Dermatology Center of Raleigh, PA at The American Institute of Healthcare and Fitness**

We are located in north Raleigh at The American Institute of Healthcare and Fitness (AIHF), convenient to exit 11 on highway 540 and Six Forks Rd and Strickland Rd. The AIHF is a 187,000 square foot facility that houses, all under one roof, the best medical and surgical specialty care, and all inclusive wellness and spa facilities facility. At this state-of-the-art facility you will find services dedicated to assisting individuals achieve optimum lifelong health through prevention, education, diagnosis, treatment, and research. As a part of the AIHF we offer a convenient location in a dynamic, yet tranquil setting. We are found on the second floor of the AIHF in Suite 207.

### **Exit 8B off I-440 Beltway**

Take exit 8B traveling North on Six Forks Rd.

Stay North on Six Forks 5 miles until Forum Drive

Turn left at traffic light on Forum Drive (at the intersection of Six Forks Plaza & Chick-Fil-A)

Turn left on Health Park Drive (Cypress Retirement Community on right)

Enter the American Institute of Healthcare & Fitness Building 8300 Health Park

We are on the second floor, Suite 207 (across from the Pharmacy)

### **Traveling South on Six Forks Road**

Pass Strickland Avenue

At next traffic light turn right on Forum Drive (at intersection Collonnade & Forum Office Complex)

Turn left on Health Park Drive (Cypress Retirement Community on right)

Enter the American Institute of Healthcare & Fitness Building 8300 Health Park

We are on the second floor, Suite 207 (across from the Pharmacy)

### **Directions to our facility at the AIHF:**

#### **From RDU Int'l Airport**

Airport Exit becomes Terminal Blvd.

Go 0.2 miles, take the ramp toward US-70/Aviation Pkwy West

Merge onto Aviation Parkway, go ~1 mile

Merge onto I-540 N toward US-70

Go ~ 9 miles, take the Six Forks Road - South exit (Exit 11)

Go south on Six Forks Road ~ 1 mile

Turn right on Forum Drive (at the Chick-Fil-A)

Turn left on Health Park at the entrance of American Institute of Healthcare & Fitness

#### **North from the Town of Wake Forest**

Take Capital Blvd./US-1 South toward Raleigh

Go ~ 7 miles on Capital Blvd. and merge onto I-540W

Go ~ 5 miles, take Six Forks Road exit (Exit 11)

Turn left onto Six Forks Road

Go south on Six Forks Road ~ 1 mile

Turn right on Forum Drive (at the Chick-Fil-A)

Turn left on Health Park at the entrance of American Institute of Healthcare & Fitness

### **South from the Town of Sanford**

Take US 1 North into Raleigh  
Go ~ 39 miles on US 1 North  
Take Six Forks Road - North exit (Exit 8B)  
Go north on Six Forks Road ~ 4 miles  
Turn left on Forum Drive (after the water tower)  
Turn left on Health Park at the entrance of American Institute of Healthcare & Fitness

### **East from the Town of Knightdale**

Take US 64 West into Raleigh  
Take the I-440 North/Outer Beltline ramp toward Wake Forest  
Go ~ 5 miles and take the Six Forks Road - North exit (Exit 8B)  
Go north on Six Forks Road ~ 4 miles  
Turn left on Forum Drive (after the water tower)  
Turn left on Health Park at the entrance of American Institute of Healthcare & Fitness

### **West from the City of Durham**

Take I-40 East or US-70 South into Raleigh  
Merge onto I-540 North  
Take the Six Forks Road - South exit (Exit 11)  
Go south on Six Forks Road ~ 1 mile  
Turn right on Forum Drive (at the Chick-Fil-A)  
Turn left on Health Park at the entrance of American Institute of Healthcare & Fitness

